

PAIN MANAGEMENT IN THE OPIOID CRISIS

NOVEMBER 2 – NOVEMBER 9, 2019

7 night Caribbean Cruise onboard the *Celebrity Equinox*



Are you tired of the same old seminars? This year, try something NEW! Attend a Cruise Seminar.

Travel with The Cruise Academy to fantastic destinations in the Caribbean and you'll earn ***12 credits** over the course of your 7 night cruise. This itinerary departs from Ft. Lauderdale, FL and sails to: **Key West, FL; Costa Maya & Cozumel, Mexico & Grand Cayman.** Best of all... when you're not attending a seminar or exploring the sights in these exotic locales, you'll be able to enjoy all of the amenities of this highly-rated, Celebrity Cruises ship.

Our seminars allow you to combine education with a vacation; use professional development days instead of all vacation days! Deduct a portion of the cost from your taxes! Many employers have sent their nurses on our past seminars! Present this to your employer, and you might be surprised at the positive reception you receive. Cruise seminars are a great value because they include your accommodations, meals and entertainment all in one venue. You'll also meet other healthcare professionals from various educational backgrounds, specialties and cultures that you can mingle, network & forge new friendships with on your worry-free vacation seminar! Bring a spouse or significant other, bring a friend, plan a *'girl's or guys getaway'* with your colleagues; the discounted prices are the same for everyone; only professionals attending the seminar will be charged the seminar fee.

COURSE DESCRIPTION: *This Pain Management seminar's agenda is designed to discuss topics included in the Pain Management Board Certification blueprint, and is very relevant for all nurses caring for patients in all areas who may be experiencing acute or chronic pain. In addition to addressing both acute & chronic pain in patients of all ages, the course will cover specialty populations such as cognitively impaired & addictions. It includes various aspects of pain: physiology, assessment, interventions that include both complimentary & alternatives, crisis management & the ethics of pain, as well as discussing the Opioid Crisis and its resultant effect on patient care.*

The Itinerary: *Departs Ft. Lauderdale, FL & Sails to:*

Key West | Cozumel | Costa Maya | Grand Cayman



PROGRAM OUTLINE

- ♦ Pathophysiology of Pain / Pain Assessment
- ♦ Common Pain Syndromes
- ♦ Pharmacological Management of Pain / Routes of Treatment
- ♦ Psychosocial Issues of Pain
- ♦ Chronic Use & Abuse: Pain Management / Opioid Crisis
- ♦ Non-pharmacological Treatment & Complimentary Alternatives
- ♦ Ethics of Pain Management
- ♦ Review & Evaluations

SEMINAR FEE: \$300 *until* 6/1/2019; \$325 *after*

CRUISE PRICES STARTING AT:

Inside Cabin - \$840pp

Oceanview Cabin (window only) - \$1280pp

Standard Balcony Cabin (lower deck) - \$1330pp

Standard Balcony Cabin (higher deck) - \$1430pp

Concierge Balcony Cabin - \$1510pp

****Oceanview or better incl. 1 FREE perk - Choose From: Beverage Pkg (includes Alcohol); \$300 onboard credit per cabin; Unlimited Wifi; or Prepaid Gratuities.***

****PRICES ARE PER PERSON, BASED ON DOUBLE OCCUPANCY & INCLUDE ALL GOV'T TAXES / FEES***

Visit Our Website for Single Occupancy Prices:

****PLEASE EMAIL FOR TRIPLE OCCUPANCY PRICES***

TO REGISTER: A Deposit of \$250pp is required (\$500 singles); Seminar Fee Due 30 days later.

Final Cruise Payment due by 7/15/19

Objectives & Benefits of Attending:

- ✓ Discuss the physiology of the pain process
- ✓ Describe the components of a complete pain assessment
- ✓ Discuss the difference between opioid, non-opioid & adjuvant therapy & identify the general side effects of each.
- ✓ Identify the alternative & complimentary therapies used
- ✓ Discuss the ethical issues of pain management.
- ✓ Discuss the Opioid Crisis and the effect on patient care.
- ✓ Improve patient outcomes.
- ✓ Get some much needed R & R!
- ✓ Enjoy the amenities of the *Celebrity Equinox*
- ✓ Attend Class on Days 'At Sea' so ports of call are not affected
- ✓ Have Fun & Win Great Prizes During Seminars
- ✓ Small Class Size allows you to engage your speaker & ask questions.
- ✓ Special Gifts, Nightly Get-Togethers & Much More!

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NOVEMBER 2 – 9, 2019



826 CULKIN STREET
PHILLIPSBURG, NJ 08865



PAIN MANAGEMENT IN THE OPIOID CRISIS



November 2 – 9, 2019

7-Night Caribbean Cruise Seminar for Nurses

Departs Ft. Lauderdale, FL

Sails to: Key West | Cozumel

Grand Cayman | Costa Maya

Onboard:

Celebrity
EquinoxSM

About Our Speaker:

Kendra Menzies Kent MS, RN-BC, CCRN, CNRN, SCRN, TCRN

Kendra has an extensive and comprehensive knowledge base and is known for her ability to simplify the complex and maintain audience attention. Kendra received her Bachelor's Degree in Nursing from the University of Texas in Arlington in 1985, and her Master's Degree in Nursing as a Clinical Nurse Specialist from Texas Women's University in 1993. Her work includes critical care education for surgical/trauma, neurosurgical and thoracic surgery ICUs. She held positions in management and was a Clinical Nurse Specialist in the SICU at Parkland Memorial Hospital in Dallas. Kendra was a staff nurse in the Neurosurgical ICU at Harris Methodist Hospital, Ft. Worth, Texas, and currently lives in Florida where she is the Nursing Director at Marcus Neuroscience Institute, Boca Raton Regional Hospital in Boca Raton, Florida.

Kendra has presented seminars throughout the country for over 15 years, and has presented numerous times for The Cruise Academy. She is a Fundamental Critical Care Support Instructor (FCCS) for the Society of Critical Care Medicine

ACCREDITATION – 12 HOURS

This Program has been approved for 14 contact hours for Nurses. Quest for Nursing Knowledge is accredited as a provider by the California Board of Registered Nursing; Provider Number: CEP16803

Celebrity **X** Cruises[®]

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